

BRITSpA Educational online seminars Focus on axial spondyloarthritis 2022

6th June 2022	Chairs: Aisling Coy and Matthew Virden
15:30-17:00	LIFESTYLE MEDICINE AND HYDROTHERAPY IN AxSpA
15.30	Welcome and introductions
15:35–16:05	Prof Fraser Birrell: An introduction to lifestyle medicine and its role in inflammatory disease
1605 -1615	Q&A
16:15-16:45	Alasdair Davie: The role of hydrotherapy in AxSpA treatment
16:45-16:55	Q&A
17:00	Close

FACULTY

Prof Fraser Birrell Consultant & Senior Lecturer in Rheumatology, Northumbria Healthcare NHS Foundation Trust

Alasdair Davie Physiotherapist, Aquatic Rehabilitation, MSK & Rheumatology, Glasgow & Clyde

Chairs:

Dr Aisling Coy, Consultant Rheumatology, Salisbury

Mr Matthew Virden, Specialist MSK/Rehab physiotherapist– Pure Sports Medicine Rheumatology Service