

## BRITSpA Educational online seminars Focus on axial spondyloarthritis 2021-22

### 11th January 2021 DIAGNOSIS AND CLASSIFICATION, AND THE ROLE OF IMAGING

Dr Raj Sengupta: *Disease presentation / diagnosis / classification*

Prof Alex Bennett: *Imaging*

[https://www.youtube.com/playlist?list=PLe\\_ON2pNnqmb-C9rYyh5aM8ipljHutsb-](https://www.youtube.com/playlist?list=PLe_ON2pNnqmb-C9rYyh5aM8ipljHutsb-)

### 1st March 2021 EXTRA-ARTICULAR MANIFESTATIONS AND COMORBIDITIES

Prof Karl Gaffney: *Extra-articular manifestations*

Dr Nicola Goodson: *Common comorbidities*

[https://www.youtube.com/watch?v=X9ltWr807bE&list=PLe\\_ON2pNnqmb-C9rYyh5aM8ipljHutsb-&index=3](https://www.youtube.com/watch?v=X9ltWr807bE&list=PLe_ON2pNnqmb-C9rYyh5aM8ipljHutsb-&index=3)

### 7<sup>th</sup> June 2021 MANAGEMENT OF AXIAL SPONDYLOARTHRITIS

Mr Christopher Martey: *Non-pharmacological management:*

[https://www.youtube.com/watch?v=rshELJhvjnE&list=PLe\\_ON2pNnqmb-C9rYyh5aM8ipljHutsb-&index=7](https://www.youtube.com/watch?v=rshELJhvjnE&list=PLe_ON2pNnqmb-C9rYyh5aM8ipljHutsb-&index=7)

Prof Stefan Siebert: *Pharmacological management:*

[https://www.youtube.com/watch?v=lweNBCzz1Oc&list=PLe\\_ON2pNnqmb-C9rYyh5aM8ipljHutsb-&index=7](https://www.youtube.com/watch?v=lweNBCzz1Oc&list=PLe_ON2pNnqmb-C9rYyh5aM8ipljHutsb-&index=7)

### 6<sup>th</sup> December 2021 AXIAL SPONDYLOARTHRITIS IN A PANDEMIC

Dr Pedro Machado: *Covid and axSpA – what have we learned?*

<https://youtu.be/G5W9Paoivhw>

Dr Antoni Chan: *Virtual consultations and remote assessments*

<https://youtu.be/uZxpod-B7WU>

### 6<sup>th</sup> March 2022 AXIAL SPONDYLOARTHRITIS IN PRIMARY CARE, AND USE OF TECHNOLOGY

Melanie Martin: *Smartphones and other tech: their role in axSpA monitoring/ management ... and beyond*

<https://youtu.be/t95ZKgH7Duo>

Dr Danny Murphy: *Identification and management of axSpA in primary care*

<https://youtu.be/8UZ3Nkyk6vQ>

## **6<sup>th</sup> June 2022 LIFESTYLE MEDICINE, AND HYDROTHERAPY IN AxSpA**

Prof Fraser Birrell: An introduction to lifestyle medicine and its role in inflammatory disease

[https://www.youtube.com/watch?v=tcH5yiqIhyQ&list=PLe\\_ON2pNnqmb-C9rYyh5aM8ipljHutsb-&index=12](https://www.youtube.com/watch?v=tcH5yiqIhyQ&list=PLe_ON2pNnqmb-C9rYyh5aM8ipljHutsb-&index=12)

Alasdair Davie: The role of hydrotherapy in AxSpA treatment

[https://www.youtube.com/watch?v=Cr98BJFJ9ZU&list=PLe\\_ON2pNnqmb-C9rYyh5aM8ipljHutsb-&index=13](https://www.youtube.com/watch?v=Cr98BJFJ9ZU&list=PLe_ON2pNnqmb-C9rYyh5aM8ipljHutsb-&index=13)

## **5<sup>th</sup> December 2022 FATIGUE IN AXIAL SPONDYLOARTHRITIS/AXIAL INFLAMMATON IN PsA**

Professor Kirstie Haywood: Fatigue in axial spondyloarthritis, impact and measurement

<https://youtube/cYGHZuR1-sU>

Dr Jon Packham: Axial inflammation in psoriatic arthritis

<https://youtube/u002Xzj0LTA>