

**BRITSpA - 5th Annual Scientific Meeting**

**25th and 26th September 2019 - Hilton Metropole, Birmingham**

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| **15:30 - 16:00 REGISTRATION** | | |
| 15:30 | Poster set up | |
| **Chairs: Drs Gareth Jones and Jane Martindale** | | |
| 16:00 - 16:10 | Welcome to members / Introduction |  |
| 16:10 - 16:25 | Every patient, Every time | Dr Dale Webb, CEO NASS |
| 16:25 - 17:15  16:25-16:40  16:40-17:00  17:00-17:15 | **Research Update**  COMOSpA and BRITSpA Fellow update  National Early Inflammatory Arthritis Audit BAxSIC | Dr Mohammad Derakhshan  Dr James Galloway  Dr Stefan Siebert |
| 17:15-18:15 | Prize-winning abstracts and presentation of prizes (Clinical Science /Basic Science/Therapy Services)  #1  #2  #3 | TBC  TBC  TBC |
| 18:15 - 19:00 | Year in review | Drs Stefan Siebert and Nicola Goodson |
| 19:30 for 20:00 | **Drinks reception and dinner in the hotel** | |
| **07:00 - 07:30 REGISTRATION** | | |
| 07:30 - 08:30 | Buffet breakfast , posters and research corner |  |
| 08:30 - 09:15 | BRITSpA AGM | BRITSpA Voting Members only |
| 09:15 - 09:45 | Juvenile onset axSpA and young adults service | Dr Lisa Dunkley |
| 09:45 - 10:30 | **Tea / Coffee, Posters and research corner** | |
| 10:30 - 12:15  10:30 - 11:00  11:00 - 11:30  11:30 - 12:00  12:00 - 12:15 | **Pregnancy Symposium (case-based)**  Drugs in pregnancy  Pregnancy outcomes  Physio in pregnancy  Panel Discussion | Dr Shouvik Dass  Dr Maria Mouyis  Team Bump (Claire Jeffries AStretch) |
| 12:15 - 13:00 | Truths and myths: gender differences in axSpA | Prof Irene van der Horst |
| 13:00 - 14:00 | **Lunch** |  |
| 14:00 - 14:30 | What you need to know about cannabinoids | Prof Mike Barnes |
| 14:30-15:00 | Exercise as Medicine: prescribing exercise in axSpA | Chris Martey |
| 15:00 - 15:30 | Motivational interviewing | Prof Christine Bundy |
| 15:30 - 16:00 | Multi-morbidity in axSpA | Dr Steven Zhao |
| 16:00 | **Summary and close** |  |

**Sponsors have funded delegates' accommodation, refreshments, the venue and logistical support, and travel expenses for speakers, but have had no input into the agenda of the meeting.**

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