British Society for SpondyloArthritis

Registered Charity No: 1159476

Advancing knowledge and understanding of SpA in the UK
## Day 1  Wednesday 20th September 2017

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<th>15:30 -16:00</th>
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**Chairs:** Andrew Keat and Sonya Abraham

### 16:00 - 16:10
Welcome to members of BRITSpA and Brit-PACT and introduction  
**Chairs:** Andrew Keat, Sonya Abraham (Brit-PACT)

### 16:10 - 16:40
NICE guideline on Spondyloarthritis diagnosis and management  
**Speakers:** Nicky Goodson with Jon Packham and Louise Warburton

### 16:40 - 17:05
- Latest data from BSRBR-AS and associated studies  
- BSRBR PsA - The current state of play  
**Speakers:** Gary Macfarlane

### 17:05 - 17:30
Analysis of COMOSpA data  
**Speakers:** Mohammad Derakhshan and Stefan Siebert

### 17:30 - 18:30
Debate: This house believes that treatment of SpA patients should be based on a ‘treat-to-target’ approach.  
**Chair:** Stefan Siebert  
**Proposers:** Toni Chan, Laura Coates  
**Against:** Lesley Kay, Will Tillett

### 19:30
Dinner in the hotel

## Day 2  Thursday 21st September 2017

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**Chairs:** Andrew Keat and Stefan Siebert

### 08:30 - 09:00
Genetic profiling in SpA  
**Speaker:** Paul Wordsworth

### 09:00 - 09:45
Predictors of radiographic progression in axial SpA  
**Speaker:** Xenofon Baraliakos

### 09:45 - 10:15
Update on IL-23 and enthesitis  
**Speaker:** Jonathan Sherlock

### 10:15 - 10:45
Coffee and posters

### 10:45 - 12:00
Mini-symposium on exercise & lifestyle/behaviour changes:  
- The effect of exercise on inflammation;  
- Which exercise is best for people with AS;  
- How to get people to exercise - lessons from smoking and obesity  
**Speakers:** Lettie Bishop, Claire Jeffries, Paul Aveyard

### 12:00 - 12:30
BRITSpA AGM and new EC members vote  
**Attendees:** BRITSpA Members

### 12:30 - 13:30
Lunch and posters

### 13:30 - 14:00
Should conventional DMARDs and anti-TNF agents be combined in treating peripheral and axial SpA?  
**Speaker:** Ben Thompson

### 14:00 - 14:45
- What should a good AS clinic do?  
- Primary care view of axial SpA  
**Speakers:** Colin Beevor, Danny Murphy

### 14:45 - 15:00
Update from NASS  
**Speaker:** Debbie Cook

### 15:00 - 16:00
Abstract presentations:  
**Speakers:** Sarah Sacks, Joanna Shim, Sizheng Zhao, Tim Bray

### 16:00
Abstract winner and presentation of cheque, outcome of EC vote, summary and Close

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*Abbvie, UCB, Napp and Novartis have funded the travel expenses for speakers’ and delegates’ accommodation, refreshments, venue and logistical support and have had no input into the agenda of the meeting.*